



Holy Week

AT HOME

PALM SUNDAY
THROUGH
EASTER SUNDAY

Palm Sunday

ACTIVITIES

- wear red today
 - red symbolizes martyrdom - what Jesus is heading towards
- Make Handprint palms
- Holy Week in Handprints craft
- During Mass say all the crowd parts out loud
 - Download free Magnificat App to follow along
- Have Palm "sundaes" to celebrate

TO WATCH/READ/LISTEN

- Brother Francis: What is Lent?
 - Formed.org - kids
- Holy Week by Brant Pitre (adults)
- Praying through Holy Week
 - Fr Mike Schmidt - Youtube

Monday & Tuesday

ACTIVITIES

- Clean the house
 - Think of spring cleaning as a prayerful preparation for Easter
- Buy or make a Lily
 - the white flower points us to Jesus' coming resurrection
 - Share a lily with someone who needs to hear the hope found in Jesus
- Make pretzels
 - an ancient Lenten tradition as the shape of the pretzels look like someone in prayer
- Reflect & Share: What has God shown you or helped you with during Lent?

TO WATCH/READ/LISTEN

- Walking With Jesus: The rosary prayers (kids)
- The 4th Cup - Scott Hahn

"Spy" Wednesday

ACTIVITIES

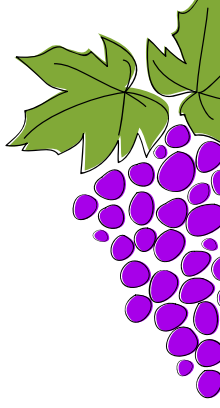
- 30 pieces of silver scavenger hunt
 - Judas betrayed Jesus for 30 pieces of silver
- Continue to clean the house
 - Think of spring cleaning as a prayerful preparation for Easter
- Read the Gospel of the day over dinner (usccb.org)
 - Jesus knew his disciples would betray him, how can I strengthen my commitment to Jesus this week?

TO WATCH/READ/LISTEN

- Walking With Jesus: The rosary prayers
 - formed.org - kids
- The 4th Cup - Scott Hahn
 - Formed.org - adults & teens



Holy Thursday

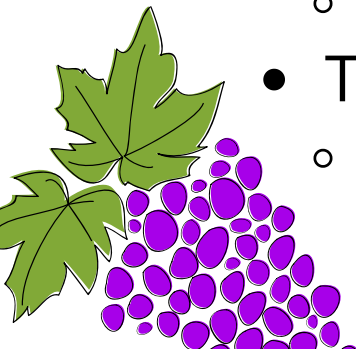


ACTIVITIES

- Eat like Jesus at the Last Supper
 - Have a modified Passover meal for dinner
 - Talk about what the food symbolizes & how the meal points to Jesus as the Messiah
- Make a gesture of service to your family
 - Wash each other's feet, as Christ did for the Apostles
 - Talk about the importance of this action & our invitation to do the same (John 13)
- Participate in the Mass online

TO WATCH/READ/LISTEN

- The Prince of Egypt
 - (Netflix - whole family)
- Symbolon - The Paschal Mystery
 - (adults - formed.org)
- Three Days that changed the World
 - formed.org - adult



Good Friday

ACTIVITIES



- No school and work today
- Reduce noise & talking from 12-3pm
 - These are the hours Christ hung & died on the cross.
 - Books, crafts associated with Good Friday, and age-appropriate physical labor jobs are great ways to fill the time with quiet, while thinking about Christ's passion
- Pray Stations of the Cross or Read the Lord's Passion (John 18:1-19:42)
- Begin Divine Mercy Chaplet Novena
- Kiss the Cross
 - Cover any crucifixes in your home & Holy icons. This is a great visual reminder of the day's darkness.

TO WATCH/READ/LISTEN

- The Miracle Maker - Story of Jesus
 - Amazon video - whole family
- Passion of the Christ
 - Amazon video - 13+
- Good Friday: The meaning of the Cross
 - Youtube - Fr Mike Schmitz



Holy Saturday

ACTIVITIES

- Make Hot Cross Buns
 - The cross on top points to Christ crucifixion, the spices remind us of his burial
- Take a Virtual Tour of the Tomb of Christ
- Continue the fast & quiet of Good Friday
- Have light a candle at sundown, and pray for those who will become Catholic
- Make a miniature Easter garden with a tomb
- Decorate Easter Eggs & talk about the symbolism of the Easter Egg

TO WATCH/READ/LISTEN

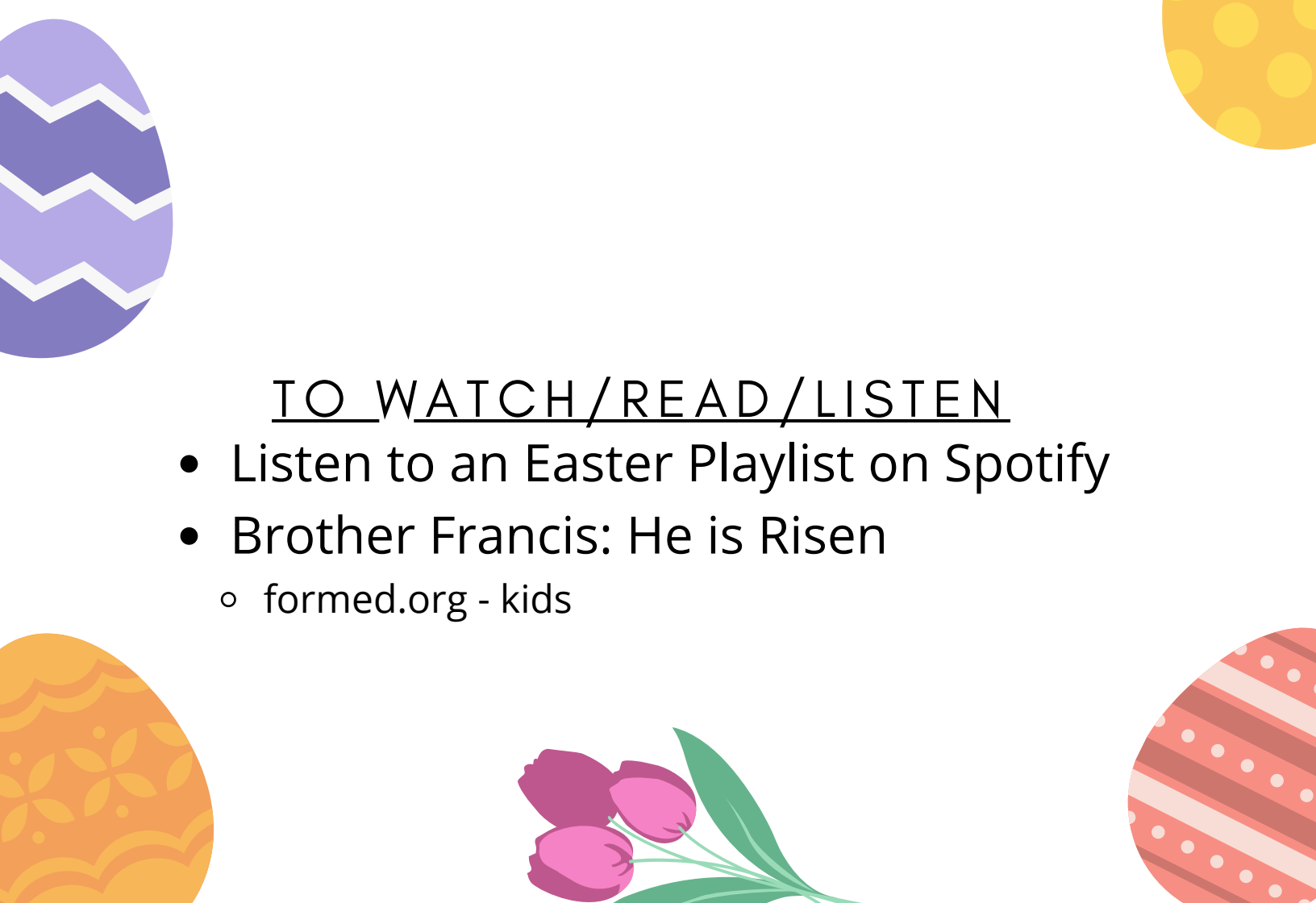
- Read: "An ancient Homily on Holy Saturday"





Easter Morning

ACTIVITIES

- Make Resurrection Rolls in the morning
 - Make an Alleluia Banner & Decorate house beautifully
 - Renew your Baptismal vows together
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TO WATCH/READ/LISTEN

- Listen to an Easter Playlist on Spotify
- Brother Francis: He is Risen
 - [formed.org](https://www.formed.org) - kids

Helpful Links

- Catholicicing.com
 - Holy Week In Handprints
 - Pretzel Recipe
 - Resurrection Rolls
 - Also many craft ideas
- Catholicallyear.com
 - How we do Holy Week: Holy Thursday
 - How we do Holy Week: Good Friday & Holy Saturday
- Youtube
 - Tour of Church of the Holy Sepulchre (Jesus' tomb) by Jerusalem Experience
 - Ascension Presents - Lent video playlist
- Catholicculture.org
 - Liturgical Year, Mass Readings