

## **40 Ideas for Lent 2020**

1. Make a Plan as a Family
2. Take the Take Back Sunday Challenge
3. Give up Something As An Entire Family for Lent (along with individual)
4. Pray Together Every Day during Lent as a Family
5. Eat Somewhere different for Lent
6. Go to Confession as a Family/Everyone!
7. Create a Family Gratitude Wall- Sticky Note
8. Create a Prayer Tree
9. Create Family Prayer Corner! Make it a Project!
10. Random Acts of Kindness-Throughout Lent—
11. Reach out to another family in the parish and do a joint Lenten Religious Activity/Dinner- etc....
12. Talk About Jesus/God in front of your kids every day during Lent
13. Add Lenten Family Traditions....
14. Lenten Almsgiving/Purge
15. Build a Lenten Cross (Like Advent Wreath)
16. Read Bible Together Every Day
17. Make a Lenten Prayer Chain
18. Build an Easter Tomb
19. Read the Parable of the Lily- Children's Book
20. Print + Color or Draw Your Own Stations of the Cross and put them up in your house
21. Attend Stations of the Cross on Fridays (3pm or 7pm)

22. Attend the Vatican Flag Raising Ceremony + Food Drive
23. Go to the Parish Mission + Family Concert
24. Take the Kids out of School on Good Friday and Take off Work!
25. Take Part in the Entire Easter Triduum
26. Holy Thursday Dinner + Mass + Candlelight Procession Through the Streets
27. Good Friday Stations w/ Kids + Veneration of the Cross
28. Holy Saturday--\_ Morning Pilgrimage + Easter Vigil and Fire
29. Start a Lenten Mass Tradition:
30. Pray after Mass as Family
31. Visit People or Call People for Lent-
32. Building Hope
33. Go o Wednesday evening Mass
34. Family Adoration/Friday at least once
35. Plan a Family Pilgrimage/Fun Day to Another Parish (Boston, Manchester, Portland, etc...)
35. Have a Weekly Lenten Catholic Movie & Pizza Night
36. Volunteer at the Parish Warming Shelter for the Homeless
37. Make Cards for residents of Nursing Homes and Go for a Visit
38. Make a Meal for a Neighbor and Invite them Over
39. Write Letters and Cards and Send them to Relatives that live far away
40. Ask your kids... they will have more ideas than we can imagine....